

## **I PLEDGE TO:**

## ANTI-BULLYING PLEDGE

**One out of five** students will be bullied this year. Show them they aren't alone.

- 1 Support others who have been harmed or subjected to bullying.
- 2 Not become involved in bullying or be a bully myself.
- 3 Treat others with respect and be more accepting of differences.
- 4 Have the courage to speak up & stand up against bullying.
- 5 Include others who may be left out and be a friend to those in need.

## THANK YOU FOR PLEDGING!

SIGN NAME HERE

## By taking a stand against bullying, you're:

- Sending the message that everyone deserves to feel safe and supported.
- Showing compassion for those in your community and setting an example for others.
- Committed to a more inclusive world, built on kindness and acceptance.
- Telling people who may have been bullied that they are not alone.



Take a stand against bullying with KNR!